

What is Green Lipped Mussel?



Green Lipped Mussel (*Perna canaliculus*) is a shellfish found off the coast of New Zealand. The extract of which has been shown to be useful in the treatment of osteoarthritis, rheumatoid arthritis, bursitis, ankylosing spondylitis, lyme disease, skin inflammation, gastro intestinal disorders, connective tissue repair and joint related injuries. Research has been published documenting the benefits of Green Lipped Mussel for humans, dogs and cats.

The indigenous New Zealand populations have included Perna Mussel as a major part of their diet for centuries. These groups' extremely low reported incidences of arthritic and rheumatic disorders are directly linked to the GLM in their diet.

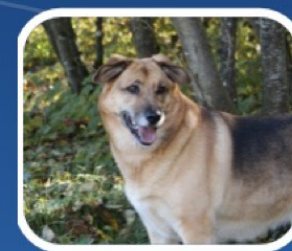
Motion Health GLM capsules contain freeze-dried powder of the mussel. Once the mussel matures, it is collected and chilled to below 40°C within 2 – 4 hours. The soft tissue is separated from the shell, washed several times, frozen, and freeze-dried. It is then processed into a fine powder and put into capsule form for easy administration and dosaging. There are no artificial flavours, sweeteners, preservatives or colours in this product.

How can GLM help my pet?

How does it work?

Unlike a drug, Green Lipped Mussel does not trick the body's pain receptors. It goes directly to the source of the disease by stimulating the production of proteins. These proteins aid in the building and repairing of connective tissue in the body. The nutrients present in GLM capsules can reduce swelling, inflammation and pain, limit further cartilage degeneration, and potentially support the regeneration of damaged joint cartilage and synovial fluid (joint fluid).

- Supports healthy joint mobility, flexibility and reduces joint pain
- Regenerates & promotes production of new, healthy articular cartilage and joint fluid.
- Contains naturally occurring nutrients including:
 - ✓ Glycosaminoglycans, including Glucosamine, Chondroitin and glutamine,
 - ✓ Omega 3 fatty acids (ETA, EPA, DHA) which act as an anti-inflammatory and cell oxygenator.
 - ✓ Amino acids, antioxidants (vitamin E & C) and minerals (copper, zinc and manganese) that assist joint health.
- May slow or reverse the progression of degenerative joint disease due to aging, wear & tear, breed disposition to disease (eg. hip dysplasia), injury or post surgical.



- No need to change the pet's diet (ideal for pets that are on a specialized diet for existing medical conditions).
- All natural product. No fillers or additives, pure GLM powder.
- May be used in conjunction with additional treatment options. No contraindication for use with NSAIDS or corticosteroids. Safe for long term use.
- Easy to dose capsules (can also be opened and sprinkled on the pet's food).
- Cost effective.

How do I know my pet needs GLM?

- ✓ Reduced mobility; limping, stiffness, lameness
- ✓ Slower gait
- ✓ Difficulty rising from resting position
- ✓ Difficulty with stairs
- ✓ Reluctant or unenthusiastic to play
- ✓ Less interaction with family members
- ✓ Lethargy or sleeping more (especially in cats)
- ✓ Urinating/defecating outside of the litter box (especially when the litter box has high sides which the arthritic cat has difficulty climbing over)
- ✓ Reluctance to cover feces or urine in the litter box
- ✓ Muscle wasting (the legs may appear thinner and smaller than previously)
- ✓ General signs of aging pet



Dosage Guideline

Cats/Small Dogs:
1/2 to 1 capsule/day
(150mg to 300mg)

Medium to Large dogs
2 capsules/day (600mg)

Large to Giant Breed dogs
2 to 4 capsules/day
(600mg to 1200mg)

- ✓ Start with half of recommended dose for initial 5 days and then as directed.
- ✓ Dose can be safely increased for post surgical or injury recovery or based on individual need.
- ✓ Expect 6-8 week trial period for notice of improvement.

Contraindications:
Consult professional for pregnant or nursing animals
Avoid use in pets with shellfish allergy



Finally...
Pain-free
living for your
pet...naturally



For more information & testimonials,
visit our website at
www.motionhealthcanada.com

